

CLASSES

Some classes are without charge and some charge for materials.

Check our website often for updates, photos, schedules, and more information.

Classes and Instructors

These are offered once each day, and some projects will take more than one class period.

Basket Weaving – *Bud Bullivant*

Nature Pendants – *Kim Buell*

Nature Walks – *Various*

Polymer Clay – *Laura Burlis*

NEW! Ice Dyeing–*Tina Rohde*

Knitting Basics – *Melody Draves*

NEW! Felting – *Joann Murdock*

NEW! Off Loom Weaving – *Sharon Nolte*

Watercolor – *Brad Hall*

NEW! Birch Bark Baskets – *Sarah Ehrhardt*

NEW! Mindful Art Journaling – *Joan Bullivant*

NEW! Woodshop - Story Lamp – *Jerry Brown*

Musical Instrument Making – *Seamus Donelon*

New! Birds & Birding – *Howie Hugues*

Special: Band practice

If you are interested in being part of the band that will provide music for dancing, please indicate that on your registration form. There will be practice each day from 10:30-noon.

They're Back! EXPRESS CLASSES!

These classes will take only one or two class periods to complete. At the end of the class, you will have a completed project and the instructions and knowledge to take your new skills home with you. These are simple yet beautiful and unique crafts. Watch for more to be added.

Dream Catchers– *Jenifer Strauss*

Coasters–*Heather Hall*

Paper Boxes–*Heather Hall*

Dot Painting –*Krista Hegland*

Beaded Snowflakes – *Beth McCoy*

Spirit Cards – *Colleen Shaskin*

Outdoor Games - *Various*

Also happening at various times and places during the week:

Puzzle Place

Join your friends in working on jigsaw puzzles.

Jam Sessions

Bring your instrument, voice, or curiosity to join in.

Craft Exchange

Had the best plans to make a lot of stuff but didn't do it? Bring it to share with others.

Book and Puzzle Exchange

Bring your books and/or puzzles to share.

Caboose – End of Day

Late night activities. Games, Hot Dice, Card Games and more.

ACCOMODATIONS

Camp Wapo has a range of lodging choices.

Sleeping rooms in Crossfire, Hillside Cabin and Rustic Lodge can accommodate 3 or 4 people. Limited 2 person rooms are available in Anderson Hall. All rooms have in-room bathrooms, except in the Rustic Lodge which has shared bathrooms.

No private rooms are available except in cabins with no plumbing. You'll find more housing information online.

Fees include meals and activities. Wapo kitchen staff provides three nutritious meals a day and can accommodate special dietary needs.

Register early! Space is limited to 130 people.

Use the attached registration form along with a \$50 deposit (checks made payable to *Northland Rec Lab*) and mail to:

Carol Esnough

PO Box 28086

Crystal, MN 55428

Or register online **www.northlandreclab.org**.

Balance of fee due upon arrival, April 24, 2025. There will be no refund of deposit after March 31st.

Scholarships are available

Submit a scholarship application online or request a form with your registration.

Questions? Call Carol at 763.537.0529 or email: cesnoughnrl@comcast.net

Northland Recreation Laboratory 2025 Registration Form

Name	Email	Phone Cell or Landline (circle one)	
Street Address	City	State	Zip
Roommate requests: 1. _____	2. _____	3. _____	

Lodging Full Time: April 24 – May 1, 2025
Fee is per person (3 or 4 persons to a room, except 2 persons to a room in Anderson Hall)
 \$380 Hillside Cabins/Rustic Lodge \$430 Crossfire Conference Center \$480 Anderson Hall
Lodging Part Time: April 24-26 Thursday-Sunday Supper (Contact Registrar for other Part Time options)
 \$250 Hillside Cabins/Rustic Lodge \$275 Crossfire Conference Center \$300 Anderson Hall
 Check here if you will be participating in band. Instrument: _____

DISCUSSION

Discover the Great Lakes: A Musical Journey

Lee Murdock has uncovered a boundless body of music and stories in the Great Lakes. There is an amazing timelessness to this music. Great Lakes songs are made of hard work, hard living, ships that go down and ships that come in.

The music is grounded in the work song tradition, from the rugged days of lumberjacks and wooden sailing schooners. Murdock comes alongside with ballads of contemporary commerce and revelry in the grand folk style.

With a deeper understanding of the folk process, Lee's repertoire combines historical research and contemporary insights. Murdock's work is a documentary and an anthem to the people who live, work, learn and play along the freshwater highways of North America.

SINGING

June Fettig is a gifted choral leader who will lead us in song each morning after breakfast. There's fun, laughter, as well as inspiration and appreciation of the music from many countries and genres. There will be opportunities for 4-part harmony for those interested in gathering around the piano later in the day.

DANCING

Dave Leussler will lead Folk Dancing again this year. Dave will have us folk dancing with live music and teaching Labbers to lead the dances. Join in the fun of evening dance and indicate on the registration form if you would like to be part of the band and dance leaders.

Northland Recreation Laboratory Mission

Founded in 1935, Northland Rec Lab has the purpose of helping individuals improve the quality of their life by enriching the quality of their leisurely pursuits. With one foot planted firmly in recreation and the other in education, the goal is to provide an environment that inspires participants to live creative lives and share their skills and experiences with other lifelong learners. It provides opportunities to learn, explore, try something new, meet new people and to grow. Participants leave restored, enriched, and eager to return. Lab is open to people 18 and above. Within the Rec Lab community, you'll find people from all walks of life with a wide range of ages, interests, talents, and experiences.

CAMP WAPO

Camp Wapo, 1204 – 74th Ave, Amery, WI 54001

Nestled in the hills between Bear Trap Lake and Lake Wapogasset, Camp Wapo provides a spacious campus for many activities.

Bring your bikes, canoes, kayaks and walking shoes and enjoy all the area has to offer.

With so many activities to choose from, you are sure to find something of interest – see inside!

New Social Media Pages -Like, Share, Follow Us!

Facebook – Friends of Northland Rec Lab

Instagram - Northlandreclabbers

Please Note! Changes to the registration process.

Changes have been made to Northland Recreation Laboratory 2025 registration process. We have adjusted the information on the web page for registration. There will not be a registration form. The scholarship form is still available on the registration page for those that will apply for a scholarship, and we will need the registration and deposit to process any scholarship applications.

The instructions added will direct those paying by credit card to go directly to the - **Pay by Credit Card** - button on the website. All the registration information that is needed will be in Square.

All those that will register by mail will still need to send the attached form that is part of this brochure.

There will be no deposit refunds after March 31, 2025.

<https://northlandreclab.org>

Carol Esmough, Registrar

PO Box 28086

Crystal, MN 55428

89th Northland

Recreation Laboratory

April 24 – May 1, 2025

Camp Wapogasset

Amery, Wisconsin

Providing experiential, enriching, and creative options for lifelong learners.

